



Missouri Department of
MENTAL HEALTH

**HOPE
OPPORTUNITY
COMMUNITY INCLUSION**

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**FISCAL YEAR 2022
ANNUAL REPORT**

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Mission

Prevention, Treatment, and Promotion of Public Understanding
for Missourians with mental illnesses,
developmental disabilities, and substance use disorders.

Vision

HOPE – OPPORTUNITY – COMMUNITY INCLUSION

Missourians receiving mental health services will have the opportunity
to pursue their dreams and live their lives as
valued members of their communities.

Department Overview

State law provides three principal missions for the department:

- (1) Prevention of mental disorders, developmental disabilities, substance use disorders, and compulsive gambling;
- (2) Treatment, habilitation, and rehabilitation of Missourians who have those conditions; and
- (3) Improvement of public understanding and attitudes about mental disorders, developmental disabilities, and addictive disorders.

Mental Health Commission

The Mental Health Commission, composed of seven members, appoints the director of the Department of Mental Health with confirmation of the State Senate. The Commissioners are appointed to four-year terms by the Governor, again with the confirmation of the Senate. Commissioners serve as principal policy advisers to the department director. The Commission, by law, must include individuals who represent Missourians with mental illness, developmental disabilities, and substance use disorders and who have expertise in general business matters.

The Department of Mental Health (DMH) is comprised of three divisions that serve more than 170,000 Missourians annually: Division of Administrative Services, Division of Behavioral Health and Division of Developmental Disabilities.

During Fiscal Year 2022, Director Mark Stringer announced his retirement as of December 31, 2021. The Mental Health Commission did a nation-wide search in the fall and announced in early December that Valerie Huhn would be the next Director for the Missouri Department of Mental Health beginning January 1, 2022.

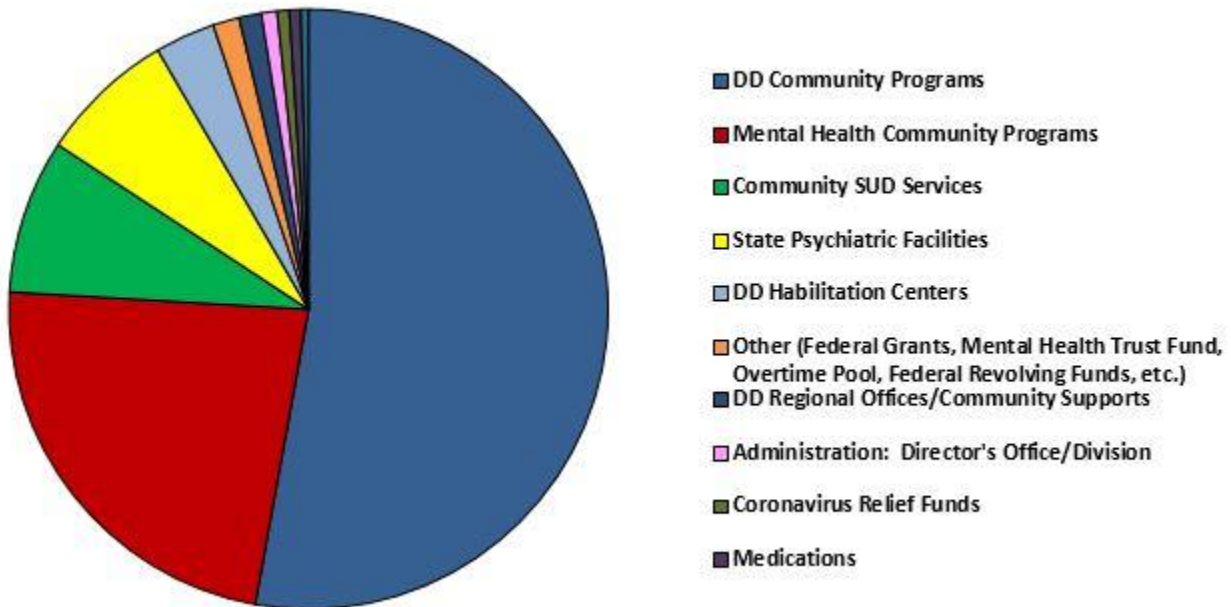
Fiscal Year 2022 DMH Budget by Program Category

Budget Category	Amount	% Total	FTE
DD Community Programs	\$1.491 billion	52.86%	25 FTE
Mental Health Community Programs	\$650.5 million	23.06%	31 FTE
Community Substance Use Disorder Services	\$235 million	8.32%	29 FTE
State Psychiatric Facilities	\$208 million	7.36%	3,717 FTE
DD Habilitation Centers	\$91.4 million	3.24%	2,443 FTE
Other: (Fed. Grants, MH Trust Fund, Overtime Pool, Fed. Revolving funds, etc.)	\$40 million	1.43%	10 FTE
DD Regional Offices/Community Support	\$34.1 million	1.21%	688 FTE

2022 - HOPE-OPPORTUNITY-COMMUNITY INCLUSION

Administration-Dir. Office/ Divisions	\$24 million	0.84%	220 FTE
Coronavirus Relief Funds	\$18.5 million	0.66%	13 FTE
Medications	\$17 million	0.61%	0 FTE
Pay Plan	\$11.7 million	0.41%	0 FTE
TOTALS	\$2.821 billion	100.0%	7,176 FTE

DMH FY 2022 BUDGET - ALL FUNDS



- DMH generates \$319 million per year in reimbursements from Medicaid, Medicare, Disproportionate Share Hospital (DSH) and other third party pay.
- Approximately 61% of all DMH GR funding is used as match for DMH services funded through the Medicaid program.

Several support units assist the department and division directors in implementing DMH's programs and services. They include:

1. Audit, Investigations, Deaf Services, Office of Constituent Services, Licensure and Certification, Children's Services
2. Information Systems
3. Office of Public and Legislative Affairs (includes Disaster Services)
4. Human Resources
5. General Counsel (Regulations, Hearings and Appeals)

DMH makes services available through state-operated facilities and also contracts with private organizations and individuals. The state-operated facilities include five adult psychiatric hospitals and one children's psychiatric facility. In addition, four habilitation centers, three community support agencies, one crisis community support agency, five regional offices and six satellite offices serve individuals with developmental disabilities. The department also purchases services from a variety of privately operated programs statewide through approximately 1,300 contracts.

Division of Administrative Services

The Division of Administrative Services includes the following units:

1. **Accounting:** oversees and monitors all funds, manages expenditures, administers grant funds, and produces fiscal summaries, analyses and reports.
2. **Purchasing and General Services:** establishes and administers contracts with private agencies or individuals to provide services in the community and is also responsible for various General Services functions in central office.
3. **Budget and Finance:** develops and monitors the annual budget, oversees the legislative fiscal note process, provides expenditure oversight, analyzes and compiles financial and other related reports.
4. **Reimbursements:** collects payments from private insurance, Medicaid and Medicare, and private pay for department services and coordinates revenue maximization activities.
5. **Medicaid:** directs Medicaid issues for DMH. Responsibilities include assisting the program divisions in developing and implementing new Medicaid covered programs, interpreting and ensuring compliance with Medicaid state plans and federal regulations, and initiating and implementing revenue maximization strategies. The section also works closely with the Department of Social Services/MO HealthNet Division and Medicaid legal consultants.

Division of Behavioral Health

The DMH Division of Behavioral Health (DBH) manages programs and services for individuals who need help for mental illnesses and/or substance use disorders. Services available include evaluation, crisis intervention, treatment, rehabilitation, recovery supports, family and youth supports, prevention, education, and mental health promotion. Additional information on mental illness and/or substance use disorder [Treatment Services](#), [Prevention Services](#), and [Recovery Support Services](#) is available on the [DMH website](#).

Most prevention, treatment and recovery services are provided by community programs that have contracts with the DBH. These programs must meet federal and state requirements in order to provide mental health and substance use disorder services.

Those who have priority for mental health services are:

- Individuals with serious mental illness,
- Individuals and families in crisis,
- Individuals with mental illness who are homeless,
- Individuals committed for treatment by the court system, and
- Children with severe emotional disturbances.

For substance use disorder treatment, priority is given to:

- Pregnant women,
- People who inject drugs, and
- Specific referrals from other state agencies.

These services help make communities safer by getting individuals the help they need; ensure use of appropriate resources, which can reduce emergency room visits and involvement with law enforcement; and promote student engagement in school. Many individuals are able to keep their jobs or get help finding jobs when they receive services. The DBH has expanded the crisis continuum of care in the community in recent years. Examples include the increase in the number of Community Behavioral Health Liaisons, partnerships with Crisis Intervention Teams (CIT), the expansion of Behavioral Health Crisis Centers, and working toward the implementation of 988. The “no wrong door” is designed to serve anyone experiencing a behavioral health crisis anywhere and at any time.

The integrated DBH State Advisory Council (SAC) makes recommendations regarding the types of behavioral health services needed throughout Missouri. SAC members are: individuals with lived experience, either as a person with a behavioral health disorder or a family member of someone who experiences a behavioral health disorder; mental health or substance use disorder

treatment and recovery professionals; and other stakeholders with an interest in behavioral health prevention, treatment and recovery.

Services for Substance Use Disorders Overview

Alcohol and drug misuse, tobacco use, and compulsive gambling affect more than two million Missourians. The DBH funds prevention, treatment and recovery programs for substance use disorders. During the past year, programs funded by DBH provided treatment, intervention, and screening to nearly 60,177 citizens. The Fiscal Year (FY) 22 operating budget for DBH substance use disorder treatment services was \$232,981,006. The budget for prevention and education was \$23,416,001.

All Missourians are eligible to receive prevention and substance use treatment services provided by the DBH. A Standard Means Test is used to determine if individuals seeking services have the ability to pay for a portion of their care.

Services for Mental Illness Overview

While the estimates for prevalence are likely low, at least 176,000 Missouri adults have a serious mental illness. For Missouri children, at least 42,000 experience Serious Emotional Disturbances. The DBH funds awareness efforts, treatment, and recovery programs for adult mental illnesses and children's serious emotional disturbances. The DBH provides services directly through its state-operated facilities and indirectly through contracts with community providers, including statutorily designated Administrative Agents. Twenty providers deliver community services as Certified Community Behavioral Health Organizations (CCBHOs). CCBHOs provide a full array of evidence-based services through a perspective payment system, which has led to increased access and quality of care. The FY 22 operating budget for community-based mental health services was \$647,956,490.

State Operated Psychiatric Hospitals and Facilities

The DBH operates five adult inpatient facilities and one children's psychiatric hospital. The children's psychiatric hospital provides acute and residential services. Adult state-operated facilities provide competency restoration and treatment services to individuals committed by the criminal or probate courts. Adults who need immediate psychiatric hospitalization are generally referred to and served by their closest community hospital. A listing of all the [State Operated Psychiatric Hospitals and Facilities](#) is on the DMH website. The adult facilities' combined operating budget for FY 22 was \$172,603,971 serving 1,509 individuals, and the children's facility was \$10,245,857 serving 47 individuals.

Forensic Support Services

The DBH, upon order of the circuit court, provides pretrial evaluations pursuant to Chapter 552, RSMo. The DMH requires that evaluations be completed by certified forensic examiners who have very specific qualifications. Under Chapter 552, RSMo. the DBH is mandated to monitor individuals in forensic status who have been acquitted as not guilty by reason of mental disease or defect and given conditional release to the community by circuit courts. The FY 22 budget for forensic support services was \$889,410 for monitoring of those committed to the DMH but who are on conditional release from an inpatient treatment setting. In FY 22, 415 forensic clients were monitored in the community by 13 forensic case monitors.

Division of Developmental Disabilities

The Division of Developmental Disabilities (DD) is committed to improving the quality of life for individuals with developmental disabilities and their families. Offering support across the lifespan, the Division of DD implements a statewide system of supportive services that focus on assuring health and safety, supporting access to community participation, and increasing opportunities for meaningful employment.

DD provides services for individuals with developmental disabilities such as intellectual disabilities, cerebral palsy, Down syndrome, autism, and epilepsy. Such conditions must have occurred before age 22 and be considered lifelong in duration. Service eligibility also requires the disability to have serious impact on multiple areas of functioning.

More than 15,720 people in Missouri access person-centered supports through home and community-based service waiver settings to promote independent living. These settings might include someone living at home on their own, with family, with a roommate, or with someone who provides full-time care. Information and descriptions on the [Home and Community Based Waiver Programs and Services](#) can be found on the [DMH website](#).

Of the 40,895 people receiving services through the Division, approximately 40,647 live in the community. They may live with their family, with relatives who receive family support services, or in their own homes, either alone or with one or two others who receive Individualized Supported Living (ISL) services. Other types of community residential living arrangements include foster homes, group homes, residential care centers, and community-based Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID). The Division of DD receives in excess of \$2.0 billion for community programs (including Federal authority for Medicaid payments).

Regional and Satellite Offices

Regional and Satellite Offices are the entry point into the service system. There are five regional office sites supported by six satellite locations. Staff perform intake activities to determine if an individual is eligible for services. Regional office teams work directly with their local communities to ensure access to services for individuals and families in the area.

When developing and implementing person centered plans for eligible persons, DD strives to meet an individual's needs in the most appropriate environment, typically in or near the individual's home. The Regional and Satellite Offices serve more than 40,647 people annually with a total budget of \$33.5 million.

A list of the Regional and Satellite Offices can be found on this webpage by clicking on the [Regional Offices](#) tab.

The Missouri Commission on Autism Spectrum Disorders was re-established within the DMH in 2021. Learn more about the [Office of Autism Services and Missouri's Autism Projects](#) on the DMH website.

State Operated Services: Habilitation Centers

The primary mission of the habilitation centers is to provide residential services, direct care support, and treatment services for individuals who cannot be supported in other residential settings in the community. Each resident of the habilitation center has an individual plan that identifies services and supports needed to live successfully in the habilitation center or to return to the community.

The four habilitation centers and Northwest and Southwest Community Services received approximately \$87 million in FY 22, and served 248 individuals on campus and 182 individuals in state-operated waiver community settings. A complete list can be found on the [DMH website under the State Operated Programs](#) tab.

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The Department of Mental Health is an Equal Opportunity Employer; services provided on a nondiscriminatory basis.

All facilities listed below are in compliance with the applicable standards.

NOTE: The Joint Commission (TJC) provides national accreditation by specialty for health organizations. The Centers for Medicare and Medicaid Services (CMS) certifies providers and facilities for participation in Medicare and Medicaid programs.